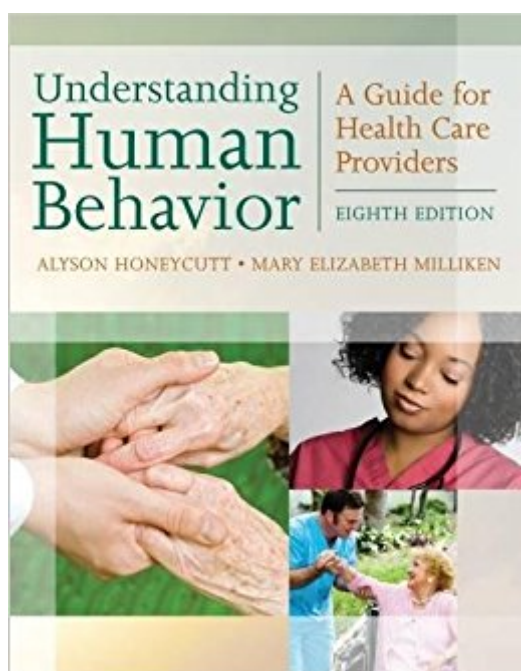


The book was found

Understanding Human Behavior: A Guide For Health Care Providers (Communication And Human Behavior For Health Science)



Synopsis

Readers have been trusting UNDERSTANDING HUMAN BEHAVIOR for years to get the reliable, practical information they need to gain a solid understanding of basic psychological concepts from a health care perspective. This all-new eighth edition is no exception. Packed with expanded content and updated with current industry trends and examples, this resource retains the features that made previous editions so successful - a concise size and focus that offers readers need-to-know information without overwhelming them, and an easy-to-read writing style. Coverage spans a broad but valuable range of important mental health topics and addresses them alongside their implications for health care professionals. It takes on both client and caregiver perspectives, resulting in a powerful book will explore the behaviors, emotions, and coping mechanisms encountered in a variety of health care situations and settings. Real-world examples and activities that encourage readers to examine their own behaviors round out the book's comprehensive approach, making this a must-have tool for any health care learner's library.

Book Information

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Preface. Section I: ON BECOMING A HEALTH CARE PROVIDER 1. Challenges and Responsibilities of Health Care Providers. 2. The Philosophy of Individual Worth. 3. Striving for Self-Understanding. Section II: STRIVING TO UNDERSTAND HUMAN BEHAVIOR. 4. Influences on Behavior. 5. Physical Needs. 6. The Need for Self-Approval. 7. The Need for Acceptance. 8.

Emotions and Behavior. 9. Adjustment and Patterns of Behavior. Section III: BEHAVIOR AND PROBLEMS IN LIVING. 10. Common Threats to Adjustment. 11. Effects of Traumatic Events. 12. Defense Mechanisms. 13. Inner Conflict. 14. Frustration. Section IV: BECOMING AN EFFECTIVE HEALTH CARE PROVIDER. 15. Effects of Illness on Behavior. 16. Coping with Patient Behavior. 17. Human Relations and the Health Care Provider. Section V: PRACTICING EFFECTIVE COMMUNICATION. 18. Observing Nonverbal Behavior. 19. Verbal Communication. Section VI: COPING WITH LOSS. 20. Gains and Losses throughout the Life Span. 21. Death: Changing Attitudes and Practices. 22. Grief and Bereavement. 23. Caring for the Dying Person. Section VII: TRENDS IN HEALTH CARE. 24. Health Care through the Ages. 25. What is Healing? Who is the Healer? 26. Broadening Your View of Health Care. 27. Managing Stress with Relaxation/Meditation. Glossary. Index.

Alyson Honeycutt, M.A., N.C.C., is a National Certified Counselor who holds a License in School Counseling from the North Carolina Department of Public Instruction as well as advanced degrees from North Carolina State University at Raleigh and Appalachian State University. In addition to teaching parenting and literacy classes, she has taught students with emotional and behavioral disabilities. She also has served as an instructor in English at the college level and as a district-level behavior support coordinator in public schools. Mary Elizabeth Milliken, B.S.N., M.S., Ed.D., practiced nursing in a variety of settings, served as instructor, then coordinator, of a practical nursing education program, was curriculum specialist for health occupations in the North Carolina Department of Community Colleges, and was a consultant on curriculum and effective teaching. From 1971 to 1987 she served as coordinator of Health Occupations Teacher Education at the University of Georgia in Athens. She graduated from Duke University School of Nursing, and her graduate study at North Carolina State University at Raleigh concentrated on both education and psychology. Since 1974 Dr. Milliken has followed the emerging holistic health movement, attending numerous workshops and conferences in which holistic concepts and complementary healing modalities were presented. In addition, she completed the curriculum sequence and certification requirements of Healing Touch International, Inc.

I bought this through kindle for a college course, the rental process itself was easy and hassle free. The book content itself just seemed very remedial to me; there were very few chapters that contained information I didn't already know. The writing was very casual and comes across as a self-help book rather than a college textbook.

Written like a children's book about feelings right down to the cheesy cartoons. And the questions are mind-numbingly disconnected from the text. It's unclear if the questions are asking you to reflect on your own observations and life experience or to find the answer in the text. I'm bewildered as to why this is a college level text book and embarrassed for the teacher who recommends it.

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"Understanding Human Behavior" is an excellent resource for students and those interested or operating in the behavioral sciences. The text is written in a way that is easy to understand and is chock full of examples and illustrations

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